

Eden Energy Medicine for beginners

Dates:

Part I -
Saturday
29 August 2020
Part II- t.b.c.

Time:

8:45-17:00

Cost:

€120/class

you may transfer to
MME TOVE THYES

IBAN: LU66 0081 5140
3200 1003
BIC Code : BLUXLULL

Location:

Tove Thyes
8, rue Franz Liszt
L-1944 Luxembourg

For more information
and to register,
contact: Tove Thyes
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+352 691 55 09 89
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Join **Tove Thyes**,
Clinical Eden Energy Medicine Practitioner,
for a joyful, gentle introduction
to the world of Energy Medicine.



**Empower yourself to balance
the flows of energy in your body
for maximum healing and vitality.**

Energy medicine for beginners Part I

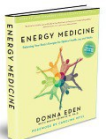
introduces the basics of EEM and includes:

- *Five-minute "Daily Energy Routine"*
- *Effects of stress on your energies, and how to lessen its effects*
 - *Tools for Releasing Negative Emotions*
 - *How to stay Grounded and Centered*
 - *How to Remove Toxins using Reflex Points*

Lots of "hands-on" and practice and so so much more...

Eden Energy Medicine (EEM) is based on the methods taught by **Donna Eden**, widely respected healer and pioneer in bringing Energy Medicine to the public. EEM is both a complement to traditional medical care and a complete system for self-care and self-help.

More information at www.innersource.net



Donna's award-winning book "Energy Medicine"